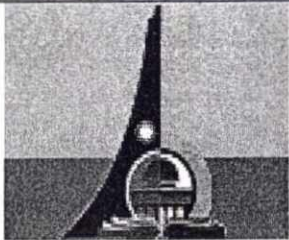


<p>Introd. to Nursing Science NURS1200</p> <p>Tuesday 8/1/2019.</p> <p>Allocated Time: 2 hour.</p> <p>Course Lecturers</p>		<p>Al-Aqsa University.</p> <p>Faculty of Medical Sciences.</p> <p>Nursing Department</p>
<p>Student Name _____ Student Number _____</p>		

Number of questions (4). Number of Pages (7).

Answer all the following questions

Q1. Read the following questions and choose the correct answer: (30 Marks)

1. Health is a constantly changing state, with high level wellness and death being in the opposite ends of a graduated scale, or continuum. This definition belongs to:
 - A. The Health illness continuum model
 - B. Host-agent-environment model
 - C. High-level wellness model
 - D. Health Belief Model
2. In High-level wellness model human beings are viewed as having all of the following aspects Except:
 - A. Each individual is functioning as a total personality
 - B. Each person possess dynamic energy
 - C. Each person is at peace just with outer worlds
 - D. Each person has a relationship between energy use and self-integration
3. Health Belief Model is based on three components which include all of the following except:
 - A. Perceived susceptibility to a disease,
 - B. Perceived seriousness of a disease
 - C. Perceived value of action
 - D. Perceived good environment
4. Persons who are older than 60 years consider high risk for illness. This factor is:
 - a) Emotional dimension.
 - b) Physical dimension.
 - c) Intellectual dimension.
 - d) Spiritual dimension.
5. Educated clients expected to have more knowledge and cognitive abilities about their health than illiterate (Not Educated) clients. this factor consider:
 - a) Emotional dimension.
 - b) Physical dimension.
 - c) Intellectual dimension.
 - d) Spiritual dimension.

6. **The Purposes of communication are:**
- A. Information & Education
 - B. Persuasion & Entertainment
 - C. Time wasting & costly
 - D. A+ B
7. **Which type of communication that the nurse used it for nursing process:**
- A. Verbal communication
 - B. Non- verbal communication
 - C. Written communication
 - D. All of above
8. **According to World Health Organization, which is the best definition for "Health":**
- A. Simply the absence of disease
 - B. Status of pathological status
 - C. All people free of psychological diseases
 - D. A state of complete physical, mental, social, psychological and spiritual well-being.
9. **An exchange of information without the use of words:**
- A. Non-verbal communication
 - B. Verbal communication
 - C. Oral communication
 - D. Formal communication
10. **"Do you have headache?" This is an example of:**
- A. Open-ended question
 - B. Closed question
 - C. Validation question
 - D. Clarifying question
11. **Initiation of the Palestine nursing association (PNA) was establish in 1956 inby the staff nurse Betty majaj.**
- A. Jordan
 - B. Egypt
 - C. Gaza
 - D. Jerusalem
12. **A process of helping a client to recognized and cope with stressful psychological or social problem:**
- A. Counselor nurse:
 - B. Teacher nurse
 - C. Communicator nurse
 - D. Client advocate nurse
13. **All of the following are true about the Turkish era Except:**
- A. Herbs and popular medicine were generally used for treating diseases.
 - B. The health services were poor and primitive.
 - C. British nurses taught Arab girls nursing.
 - D. Christian commission started spreading out in Palestine building clinics.

14. The nurse who has been on the job in similar situation for 2 or 3 years manifests.....:
- A. Competent
 - B. Advanced beginner
 - C. Novice
 - D. Proficient
15. Beliefs that are shown to be true or false:
- A. Descriptive beliefs
 - B. Evaluative beliefs
 - C. Prescriptive beliefs
 - D. Prohibited beliefs
16. Self-worth, sense of humor, honesty, fairness and love are examples:
- A. Professional values
 - B. Personal Values
 - C. Beliefs
 - D. Philosophy
17. Paying attention to a patient's facial expressions is an example of which of the following?
- A. Oral therapeutic communication
 - B. Spoken therapeutic communication
 - C. Verbal therapeutic communication
 - D. Non - Verbal therapeutic communication
18. Which of the following is a true definition of Communication?
- A. Reciprocal process in which talking and listening are agreed upon
 - B. Reciprocal process in which one person says something and the other person hears.
 - C. Reciprocal process in which messages are sent and received between people
 - D. A process of sending a message without the need for an audience
19. Obtained during admission interview and physical examination:
- A. Data base assessment.
 - B. Focus Assessment.
 - C. Diagnosis.
 - D. Planning.
20. Which of the following is a primary source for information?
- A. Client's family
 - B. Client
 - C. Medical records
 - D. Test results
21. A problem may be present, but requires more data collection to rule out or confirm its existence, which type of nursing diagnosis?
- A. Actual diagnosis
 - B. Risk diagnosis
 - C. Possible diagnosis
 - D. Wellness diagnosis

22. Impaired nutrition less than body requirement , it is example of:

- A. Actual diagnosis
- B. Risk diagnosis
- C. Wellness diagnosis
- D. Possible diagnosis

23. "The client will have a good nutrition "

All of the following are characteristic of this Short-Term Goal Except:

- A. client-centered
- B. identifies measurable criteria that reflect the problem portion of the diagnostic statement
- C. identifies a target date for achievement within a realistic time frame
- D. Realistic

24. "The client will be active by 20/1/2019" this statement is:

- A. Goal
- B. Outcome
- C. Objective
- D. collaborative problems

25. The key to the nursing process is the step-by-step progression, arrange the steps in order:

- A. Assessment, nursing diagnosis, implementation, planning, and evaluation.
- B. Assessment, nursing diagnosis, planning, implementation, and evaluation.
- C. Assessment, planning, nursing diagnosis, implementation, and evaluation.
- D. Assessment, nursing diagnosis, planning, evaluation, and implementation.

26. Using Maslow's hierarchy of needs to establish prioritize, which of the following problems would be the first priority?

- A. Body image disturbance.
- B. Impaired social interaction.
- C. Anxiety.
- D. Ineffective breathing patterns.

27. All of the following are characteristics of the nursing process Except:

- A. Static and limited clinical practice.
- B. Based on knowledge.
- C. Within the legal scope of nursing.
- D. The steps of the nursing process are organized and systemic.

28. Planning in the nursing diagnosis means all of the following Except.

- A. Evaluation the goal
- B. Establishing goals
- C. Setting priorities
- D. Selecting nursing interventions

29. According to Host-Agent – Environment model, health and illness depends on interaction of all of the following, except?

- a. Host.
- b. Agent.
- c. Social Factors.
- d. Environmental Factors.

30. In which stage you determine if the patient has achieved the expected outcomes?

- a) Implementation.
- b) Evaluation.
- c) Assessment
- d) Diagnosis.

Answer Sheet for Multiple Choice Questions:

[illegible]

Question II: Put (✓) and (X) Sentences (10 marks)

1. (.....) Communication is mutual understanding of the meaning of the message.
2. (.....) Assessment step of nursing process includes collecting and analyzing data.
3. (.....) The concept of high level of wellness can be applied to the individual only.
4. (.....) Secondary prevention: is aimed at helping rehabilitate clients and restore them to a maximum level of functioning.
5. (.....) Interview is a major tool in nursing for the collection of data during the assessment step of the nursing process.
6. (.....) Health is constantly unchanged state.
7. (.....) Intrapersonal skills are communication skills required for positive relationships between persons.
8. (.....) Objective data, consisting of information that only the client feels and can describe, are called symptoms .
9. (.....) It is generally accepted that verbal communication expresses more of true meaning of a message than dose non- verbal communication.
10. (.....) Therefore, nurses must be aware of only the non-verbal messages they send and receive from clients.

Question (III) Matching "Write the number of the word in front of right statement"**(10 Marks)**

No.	Term	Answer No.	Statement
1.	Metacommunication		Are verbal and non-verbal messages consistent? Nurse states observations and validates the communication
2.	Congruency		Is a message about a message. It includes anything that is taken into account when interpreting what is happening,
3.	Health and illness		may be a nursing student/ any nurse entering a clinical setting where that person has no experience and governed by structured rules and protocols.
4.	Nursing diagnosis		statements of beliefs about nursing and expressions of values in nursing that are used as bases for thinking and acting
5.	Communication		Health issue that can be prevented, reduced, resolved, or enhanced through independent nursing measures
6.	Beliefs		An Organized sequence of problem-solving step
7.	Values		Is a complex process of sending and receiving verbal and nonverbal messages.
8.	Nursing Process		Represents the intellectual acceptance of something as true or correct.
9.	Nursing Philosophy		The social principles, ideals, or standards held by an individual, class, or group that give meaning and direction to life.
10.	Novice		A state of complete physical, mental and social well-being, not merely the absence of disease and infirmity.
			is a set of interacting elements, all serving the common purpose of contributing to the overall goal of the system.

Question IV: Answer the following questions (10 marks)**1. Complete the following spaces with objective or subjective data: (2 marks)**

1. Skin Color:
2. High temperature:
3. Nausea:
4. Blood Pressure:

2. Complete the following spaces with Preventing activities (primary, secondary, and tertiary): (2 marks)

1. Immunization:
2. Nursing care for hospitalized clients:
3. Teaching a CVA (جلطة دماغية) client how to prevent complications:
4. Family planning:

3. Read the following nursing diagnosis and answer the questions below: (2 marks)

"Sleep pattern disturbance related to excessive intake of coffee as manifested by difficult in falling asleep".

1. Write the words below that pertain to the etiology
.....
2. Write the words below that pertain to the problem
.....
3. Write the words below that pertain to the signs & symptoms
.....
4. What is the category of nursing diagnosis:
.....

4. Factors that influence communication. (2 marks)

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5. Characteristics of the Nursing Process. (2 marks)

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(End of Questions)

(Good Luck)