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(30)

.2013 – 2012م

( 3)

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**Abstract****Measurement of enjoyment available during physical education lessons  
by using different styles of teaching**

The purpose of this study was to identify the enjoyment available in physical education lesson by using different styles of teaching, the sample of study consist of (30) students enrolled in course of methods and teaching styles in faculty of physical education of yarmouk university during the first semester of academic year 2012 - 2013 the researcher used the survey method to collect the data so divided the students into three equal groups each group taught for (3) weeks by teaching styles of motor (practice reciprocal and command) the results of the study shows the teaching by practice and

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reciprocal style occur more enjoyment while teaching by command styles is occur low level of enjoyment and there are significant statistic differences between the groups faror to the groups which was taught by practice and reciprocal styles.

The researcher recommend to search for the new teaching styles achieves more enjoyment and need to use different styles of teaching

**Key words:** Enjoyment, Teaching Styles (commend Practice, Reciprocal )

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(2002 )

.(2004 ) .

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(1995 )

(Welk,1999)

Gold )

(berger,1992

Mosston and Ashworth, )

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Reciprocal )

(Practice Style)

(Command Style)  
(Style

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(2004 ) (2006 ) (2011 )

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$(0.05 \geq \alpha)$

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.(Scanlan,et,al,1993)

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.(2011

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.(2003 ) ( )

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.(2011 )

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.(2001 ) .

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(2011 ) -

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(18) (1991)

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(Lois & Peggy, 2007)

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(69)

(2005)

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(41)

(37)

2004

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(Carroll and Loumidis, 2001)

(922)

(Cai, 1998)

98

Kendzierski & DeCarlo, )

.(1991

(1997)

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10

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%18.2

%31.9

%11.9

%9.5

367



(Cox, 1986)

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$$\vdots$$

%75

(2)

368

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43.3	12		
56.7	18		
100.0	30		
56.7	17	20	
43.3	13	20	
100.0	30		

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(Kendzierski and Dcarlo,1991)

(18)

(1992 )

(2011)

طريقة التصحيح:

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(54)

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(2)

(3)

(4)

(5)

(2005 )

(1)

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3.66 -2.33

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3.66

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(2011

(12)

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(18)

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(1)

(1)

0.89	0.88		1
0.90	0.80		2
0.91	0.73		3
0.99	0.90		

(0.88-0.70)

(1)

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(0.90)

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3

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(One- Way ANOVA )

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(3)

	1	0.40	3.60		1
	2	0.50	3.49		2
	3	0.55	2.27		3
	-	0.78	3.12		

(3.60-2.27)

(3)

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(1)

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(2)

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(3.49)

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(3)

(3.12)

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(4)

	1	0.68	4.50	( )	1
	5	0.84	4.30		2

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	7	1.12	3.83		3
	2	0.63	4.43		4
	4	0.80	4.33		5
	2	0.68	4.43		6
	16	1.45	2.40	( )	7
	17	1.34	2.27		8
	18	1.32	2.20		9
	9	1.39	3.73		10
	6	0.68	4.13	( )	11
	12	0.77	3.57		12
	9	0.74	3.73		13
	13	0.51	3.47		14
	14	1.19	3.37		15
	7	1.05	3.83	( )	16
	15	1.22	2.53		17
	9	0.69	3.73		18
	-	0.40	3.60		

(4.50-2.20)

(4)

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" " " (6 4)

" (9)

(4.43)

(3.60)

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(5)

	4	1.19	3.80	( )	1
	15	1.30	3.20		2
	3	0.90	3.87		3
	13	1.38	3.47	( )	4
	16	1.50	2.87		5
	6	1.34	3.70		6
	7	1.09	3.67		7
	10	1.19	3.63		8
	5	1.20	3.73	( )	9
	14	1.21	3.30		10
	1	0.87	4.07	( )	11
	12	0.68	3.57		12
	10	0.61	3.63		13
	7	0.71	3.67		14
	17	1.33	2.53		15
	18	1.07	2.47		16
	2	1.21	3.90		17
	7	0.76	3.67		18
	-	0.50	3.49		

(3.07-2.47) (5)

( ) " (11)

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" " (17) "

" " (3) (3.90)

" (16) (3.87)

(3.49) "

(6)

	17	0.74	1.93		1
	16	0.76	1.97	( )	2
	8	0.68	2.23		3
	5	0.74	2.27	( )	4
	8	0.82	2.23		5
	10	0.76	2.20		6
	12	0.78	2.13		7
	5	1.08	2.27		8
	13	0.66	2.10		9
	18	0.59	1.83		10
	5	0.69	2.27		11
	2	3.71	2.73	( )	12
	11	0.70	2.17		13
	3	0.82	2.57		14
	13	0.66	2.10	( )	15
	1	5.64	3.40		16



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	4	0.67	2.40		17
	15	0.72	2.03		18
	-	0.55	2.27		

(3.40-1.83) (6)

(12) " (16)

" ( ) "

" (14) (2.73)

" (10) (2.57) "

(2.27) "

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(0.05≥*α*) :

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(One Way ANOVA)

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(7)

0.40	3.60	30	
0.50	3.49	30	
0.55	2.27	30	
0.78	3.12	90	

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(7)

( )

(8)

(One Way ANOVA)

( )

(One Way ANOVA)

(8)

	(f)				
0.000	*67.850	16.332	2	32.663	( )
		0.241	87	20.941	
			89	53.604	

.(0.05 ≥ α)

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(0.05 ≥ α)

(8)

(Scheffe)

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(9)

(Scheffe)

(9)

			المتوسط الحسابي	مصدر التباين
*1.33	0.11	-	3.60	
*1.22	-		3.49	
-			2.27	

(9)

(3.49)(3.60)

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(2.27)

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$(0.05 \geq \alpha)$

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$\geq a)$

$(0.05$

(2011)

(Mosston & Ashworth,2002)

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(Cai,1997 )

(Smith,2000)

(2002)

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(2004)

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(0.05 ≥a) : -

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(3.49 3.60) .(  
(9) (2.27)

(2003)

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(Casey,2007)

(الموارد البشرية)

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المؤهلة وذات المهارات العالية، أو رأس المال البشري)

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المراجع:

-1 (2002).

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	.(2005).	-3
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	.26 – 10 (19)	
	.(1995)	-4
1	(2001)	-5
	.(2011)	-6
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.	– 1038-1029 (12) (27) "	
.(2011)		-7
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	.(2006)	-8
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)	.(2003)	-10
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	.(2004)	-11
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	.(2011)	-12
	.(1997)	-13

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